

| Bib Number | Last Name | First Name | Swim 1k | Run 5k | Total Time | Final Position |
|------------|------------|------------|----------|------------------|------------|----------------|
| 21 | Perham | Chris | 00:14:25 | 00:15:44 | 00:30:08 | 1 |
| 6 | Voss | Luke | 00:16:22 | 00:19:10 | 00:35:32 | 2 |
| 1 | Randall | Chris | 00:18:42 | 00:18:22 | 00:37:04 | 3 |
| 19 | Carter | Tom | 00:18:07 | 00:19:31 | 00:37:38 | 4 |
| 24 | Ireland | Nick | 00:17:34 | 00:20:36 | 00:38:11 | 5 |
| 3 | Darton | Pete | 00:19:52 | 00:19:37 | 00:39:29 | 6 |
| 22 | Carter | Martin | 00:20:23 | 00:19:16 | 00:39:39 | 7 |
| 27 | Platten | Liam | 00:19:49 | 00:20:15 | 00:40:04 | 8 |
| 16 | Chubb | Stephen | 00:19:15 | 00:21:23 | 00:40:38 | 9 |
| 4 | Bailey | Amanda | 00:22:06 | 00:21:44 | 00:43:51 | 10 |
| 13 | Jardine | Andy | 00:23:36 | 00:20:33 | 00:44:08 | 11 |
| 5 | Marriott | Graham | 00:24:16 | 00:20:33 | 00:44:49 | 12 |
| 26 | Pye | Matt | 00:22:21 | 00:22:33 | 00:44:54 | 13 |
| 15 | Wrixon | Nick | 00:23:06 | 00:21:49 | 00:44:55 | 14 |
| 11 | Worbey | Jay | 00:25:44 | 00:19:12 | 00:44:56 | 15 |
| 7 | Stacey | Martin | 00:22:51 | 00:23:33 | 00:46:25 | 16 |
| 10 | Heaver | Ross | 00:27:06 | 00:20:15 | 00:47:21 | 17 |
| 17 | Wiles | Stephen | 00:24:52 | 00:22:44 | 00:47:37 | 18 |
| 9 | Dommett | Malcolm | 00:27:04 | 00:21:33 | 00:48:37 | 19 |
| 25 | Pate | Andrew | 00:26:55 | 00:22:31 | 00:49:26 | 20 |
| 14 | Wiltshire | Dave | 00:25:29 | 00:25:34 | 00:51:02 | 21 |
| 18 | Farmsworth | Gez | 00:28:24 | 00:22:55 | 00:51:19 | 22 |
| 23 | Welborn | Mick | 00:29:08 | 00:23:29 | 00:52:37 | 23 |
| 12 | Abraham | Rebecca | 00:30:04 | 00:26:06 | 00:56:10 | 24 |
| 2 | Bacon | Matt | 00:25:16 | swim only | 00:25:16 | |
| 8 | Walker | Kit | 00:30:57 | swim only 2 laps | 00:30:57 | |
| 20 | Mitchell | Robin | 00:23:32 | swim only | 00:23:32 | |